

Precautions

- 1. Do not use any discolored, deteriorated or expired ear drop.
- 2. Ear drops should be stored in a cool, dry place away from light. Refrigeration is not required unless otherwise specified on the package.
- 3. Discard ear drops according to package insert recommendation.
- 4. Stop using an ear drop if it causes burning sensation, itchiness or other discomfort(s) and let your doctor know as soon as possible.

This guidance is for reference only . You should always follow your doctor's instructions. Check with your doctor or pharmacist if you have any questions. Do not share your medications with other people.

如有任何查詢,歡迎聯絡我們 For enquiry, please feel free to contact us



電話 Tel: 2830 3725 網址 Website: www.stpaul.org.hk Ref. No: PHAR-14 Ver.4 Updated: 04/2022



How to use Ear Drop



齊服務 展關懷 WE SERVE & WE CARE

Proper use of Ear Drop



1 Clean your hands thoroughly.

Clean the outer ears with sterile cotton wool.

Warm the bottle in your hands for a few minutes. This will make the administration more comfortable especially for those requiring refrigeration.

ear facing up.

for those requirfrigeration.
4 Sit or lie down with the affected

5 Pull the ear upwards and backwards (for adults) or pull the earlobe downwards and backwards (for children) to straighten the ear canal.





- 6 Instill the correct number of drops into the ear without touching the tip of the bottle to the skin (to avoid contaminating).
- After instilling the ear drop, gently massage the earlobe in an upward and backward direction to help with the absorption of the medication. Keep your head tilted for 2 minutes to ensure the medication reaches the site of infection.





8 Wipe away any excess liquid with a clean tissue.





If necessary, ask another person to instill ear drop for you.